October 2015

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403 Squadron

One of OTEC's participants, Ryan, was invited to the 403 Squadron on September 30th. He was accompanied by his support staff and friend, Glenda. While there, Ryan was able to view the helicopters and fly two simulators. Though, I'm not sure who was more excited; Ryan or Glenda?!
**Dates to Remember**

**October 7th**  
Hot Lunch $4.00  
Captain Sub

**October 12th**  
OTECCLOSED  
Happy  
Thanksgiving!!

**October 14th**  
Hot Lunch  
$4.00

**October 21st**  
Hot Lunch $4.00  
Captain Sub

**October 28th**  
Hot Lunch  
$4.00

**October 31st**  
Have a happy and  
safe Halloween!!

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**Vegetable Gardening**

OTEC’s Executive Director, Lorie Mitchell, had a wonderful idea to build a vegetable garden in a nice little area of green space we have. Staff members; Frank and Glenda, along with many clients, have worked very hard at developing and maintaining this area. We have rhubarb, eggplant, chives and more!

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*A garden is a grand teacher. It teaches patience and careful watchfulness; it teaches industry and thrift; above all it teaches entire trust.*

—Gertrude Jekyll
OTEC’s Bulletin Board

Fundraisers

Drive 4UR Community & Yard Sale
On September 19th, OTEC held our first Drive 4UR Community fundraiser. With your help and the tireless efforts of OTEC staff, we were able to raise $2000!! Our yard sale brought in just under $500, for a total just shy of $2500...simply AMAZING! Thanks to OTEC staff member Debbie, for bringing the idea forward, and Amanda for running with the idea.

Bingo
Watch future issues of OTEC Matters, for an upcoming Bingo at the Maritime Club fundraiser. Happening late fall of 2015.

Christmas Candy Wreaths
Starting in November, OTEC will be selling raffle tickets for two large candy wreaths, made by OTEC participants. Tickets will be sold for $2 each or 3 tickets for $5.

Rotary Raffle Calendar Draw

Winners...
Partnership OTEC & Rotary

Thank you to everyone who has purchased a calendar! You have helped support OTEC and your local Rotary Club.

Don't forget, there are two draws every week for $50 and four draws a year for $250. That's over $6000 in cash payouts! We will post the winners in future issues of OTEC Matters.

Every calendar comes with one coupon for Pizza Twice, don't forget to cut it out before the year ends!

"Every person is a different kind of flower, and all together make this world a beautiful garden."

~Unknown~
Mental Illness Awareness Week (MIAW) is an annual national public education campaign designed to help open the eyes of Canadians to the reality of mental illness. The week was established in 1992 by the Canadian Psychiatric Association, and is now coordinated by the Canadian Alliance on Mental Illness and Mental Health (CAMIMH) in cooperation with all its member organizations and many other supporters across Canada.

One of MIAW’s major initiatives is the Faces of Mental Illness campaign, a national outreach campaign featuring the stories of Canadians living in recovery from mental illness. Thousands of pieces of MIAW posters, brochures, and bookmarks featuring the Faces are disseminated to hundreds of organizations across Canada in an effort to raise awareness and end the stigma associated with mental illness.

The Faces of Mental Illness Breakfast will take place once more in Ottawa this year. This marquee event takes place in October and brings together Members of Parliament, prominent decision makers, the Faces from the Faces of Mental Illness campaign, and CAMIMH members to express support for current mental health initiatives and engage in a discussion regarding the need for increased access to mental health services for all Canadians.

For more information, please visit: http://www.camimh.ca/mental-illness-awareness-week/about-miaw/

Please contact Brenda Noble - Program Manager, for comments or concerns regarding in house programs bnotec@nb.aibn.com or call 357-3397 (ext 1)

Please contact Bonnie Rose brotec@nb.aibn.com for community connections or employment opportunities or call 357-3397 (ext 2)

Please contact Alex Fallon for any recyclable donations 357-3397 (ext 0)

Check us out on FaceBook! https://www.facebook.com/otec.promotinginclusion?fref=ts

Thank you for your interest and support for

Oromocto Training & Employment Centre